

10 km Solms-Delta's Delta Draf Race Results 30th April 2011

Top Three Male Category Winners

Position	Name	Surname	Category	Age	Licence No.	Club	Time	Position
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Open 15 - 19

1	William	Kaptein		18	1717	Robertson	31:23.15	1
2	Thembelani	Zola		36	6951	Mr Price	31:49.76	2
3	Dicardo	Jacobs		25	4111	Maties	32:23.04	3

Masters 40 + 49

1	Isaack	Opperman		44	1133	Cor. Service	33:33.39	4
2	John	September		45	460	Celtic Harriers	35:52.76	9
3	John	Small		49	1486	Wellington	36:54.61	13

Masters 50 + 59

1	Daniel	Wijsbroek		51	1957	West Coast	40:45.49	26
2	Russel	Jefthas		51	6396	Metropolitan	42:22.15	32
3	John	Hartnick		57	298	Paarl	49:40.56	85

Master 60 +

1	Kevin	Kohler		67	1511	Edgemead	45:38.31	49
2	Peter	Donald		68	1927	West Coast	48:10.75	77
3	Faffa	Jobert		68	202	Paarl	53:57.89	130

Juniors

1	Willaim	Kaptein		18	1777	Robertson	31:23.15	1
2	Marshall	Rooi		19	1950	Nedbank	36:12.11	10
3	Zane	Davids		18	9406	Brackenfell	40:37.85	25

Winning Club

1	Joseph	Thomas	Open 20 - 39	33	1765	Paarl	39:11.07	19
2	Conrad	Flatow	Open 20 - 39	29	227	Paarl	40:57.02	27
3	Selvyn	Van Neel	Master 40+	46	1764	Paarl	45:45.49	51
4	John	Hartnick	Master 50+	57	298	Paarl	49:40.56	85

Top Three Woman Category Winners

Position	Name	Surname	Category	Age	Licence No.	Club	Time	Position
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Open

1	Lizzy	Hawker		35	1967	Nedbank	37:12.23	35
2	Danette	Smith		22	6328	Addidas	39:41.83	21
3	Mariëtte	Esterhuysen		48	4554	Tygerberg	40:14.63	24

Master 40 - 49

1	Mariëtte	Esterhuysen		48	4554	Tygerberg	40:14.63	24
2	Patricia	Adams		40	2317	Metropolitan	41:03.09	28
3	Jacoline	Haasbroek		46	1415	Stellenbosch	41:13.61	29

Master 50 - 59

1	Charmaine	Cupido		55	3130	Nedbank	46:36.33	59
2	Helen	Du Plessis		58	4579	Tygerberg	47:16.60	68
3	Carine	Kruger		50	1208	Helderberg	48:54.77	80

Master 60+

1	Mariëtha	Herbert		66	3396	Bellville	50:23.45	92
2	Marianne	Nelson		67	2467	Plexus Dville	1:05:55.39	249
3	Alicia	De lilly		60	862	Brackenfell	1:06:53.47	255

Juniors

1	Elzaan	Kriel		17	1028	Girls High Paarl	47:00.46	63
2								
3								

Winning Club

1	Mariëtte	Esterhuysen	Master 40 - 49	48	4554	Tygerberg	40:14.63	24
2	Helen	Du Plessis	Master 50 - 59	58	4579	Tygerberg	47:16.60	68
3	Theresa	Du Toit	Open 20 - 39	36	4619	Tygerberg	52:47.72	113
4	Venita	Nel	Master 40 - 49	41	4541	Tygerberg	53:13.73	119

First 10 Men

Pos.	Name	Surname	Category	Age	Lic No.	Club	Time	Position
1	William	Kaptein	Junior	18	1717	Robertson	31:23.15	1
2	Thembelani	Zola	Open	36	6951	Mr Price	31:49.76	2
3	Dicardo	Jacobs	Open	25	4111	Maties	32:20.04	3
4	Isaac	Opperman	Master 40+	44	1133	Cor.Service	33:33.39	4
5	Eugene	Davids	Open	21	818	Robertson	33:40.35	5
6	Cedric	Arendse	Open	25	871	Robertson	34:34.44	6
7	David	Pedro	Open	25	T14198	Not a Club Member	34:35.07	7
8	Llewlyn	Jacobs	Open	25	351	Celtic Harriers	35:52.12	8
9	John	September	Master 40+	45	260	Celtic Harriers	35:52.76	9
10	Marshall	Rooi	Junior	19	1950	Nedbank	36:12.11	10

First 10 Woman

Pos.	Name	Surname	Category	Age	Lic No.	Club	Time	Position
1	Lizzy	Hawker	Open	35	1967	Nedbank	37:12.23	35
2	Danette	Smith	Open	22	6328	Addidas	39:41.83	21
3	Mariëtte	Esterhuyse	Master 40+	48	4554	Tygerberg	40:14.63	24
4	Patricia	Adams	Master 40+	40	2317	Metropolitan	41:03.09	28
5	Jacoline	Haasbroek	Master 40+	46	1415	Stellenbosch	41:13.61	29
6	Carla	Beyers	Junior	17	TI 4301	Not a Club Member	43:01.81	35
7	Nicola	Collins	Open	30	1930	Nedbank	43:09.09	37
8	Caitlin	Lewis	Master 40+	40	TL 4253	Not a Club Member	44:02.74	40
9	Charmaine	Cupido	master 50+	55	3130	Nedbank	46:36.33	59
10	Lindie	Brouwer	Open	26	1834	Sanlam	46:38.43	60

